

**Highland Sports Center, Inc. Participant Release**  
**-Read Before Signing-**

In consideration of being allowed to participate in any way in the **Highland Recreational Ice Sports** (HRIS) program, related events and activities, I, the undersigned, acknowledge, appreciate, and agree that;

1. The risk of injury from the activities involved in the program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist: and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown of my participation in HRIS, EVEN ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation: and
3. I willingly agree to comply with the stated and customary terms and conditions for participation in HRIS. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE Highland Sports Center, HRIS, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (Releasees), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
5. Arbitration: In further consideration of allowing me to participate in the aforementioned activities I hereby agree to submit to binding arbitration any and all claims which I believe I may have against the facility arising from my activities at the facility. The arbitration shall be pursuant the rules of the American Arbitration Association. The arbitrators shall apply the Federal Rules of Evidence to all proceedings.
6. Arbitration shall be commenced within one (1) year from the date on which any alleged claim first arose. Further, the arbitration shall be held in the town where the Arena is located, unless otherwise mutually agreed to by all the parties. The submission to the American Arbitration Association shall be unlimited and the arbitration may be enforced by any court of competent jurisdiction.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN FREELY AND VOLUNTARILY WITHOUT INDUCEMENT.**

Participant's Signature

Date

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE**

(Participant under age 18 at time of registration)

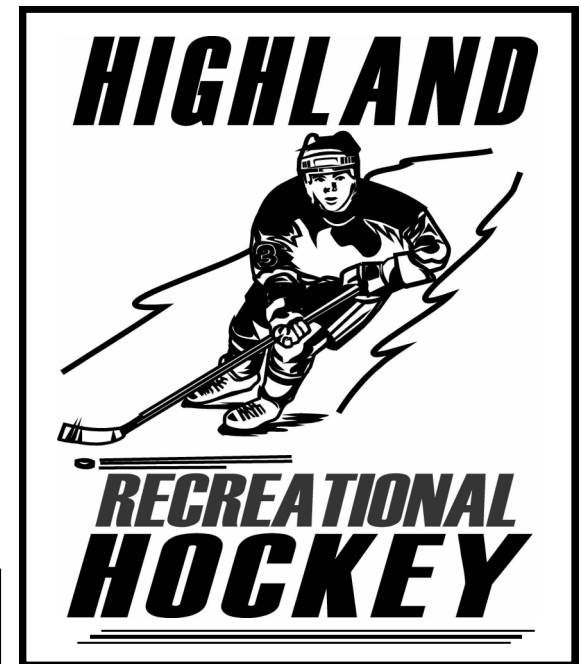
This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above for all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

Parent/Guardian Signature

Date

# LEARN-TO-PLAY ICE HOCKEY

**Boys and Girls  
Ages 5-15**



HIGHLAND  
**ICE**  
ARENA

**18005 Aurora Ave N  
Shoreline, WA 98133  
206-546-2431  
www.highlandice.com**

## HOCKEY FUNDAMENTALS

### Learn to Play

It is very important that each player not only understands positional play and the rules of the game, but that he or she improves their individual skills. The Hockey Fundamentals Program is designed to introduce players, who are new to the sport of ice hockey, to the techniques and skills used in game situations. Particular emphasis is placed on puck control, shooting, passing, power skating, crossovers and game strategies as well as basic hockey skills.

### SESSION DATES and TIMES

**Thursdays: 6:00 pm - 7:30 pm**

**October 6, 2016—December 15, 2016\***

**January 12, 2017—March 16, 2017**

**March 23, 2017—May 25, 2017**

**\$ 185.00** Drop In Rate - \$25.00

**\*\*\*FULL GEAR REQUIRED\*\*\***

\* No Session on November 24

**ISI Insurance is mandatory for participation.  
\$26.00 Youth, \$32.00 Adult (parents)  
(September 1st, 2016 - August 31st, 2017)**



**HIGHLAND RECREATIONAL ICE SPORTS (HRIS)** is a non-profit organization dedicated to providing a low-cost participant activity for all ages. As such, we implement a grassroots development technique to introduce and expand each players skill set.

HIGHLAND RECREATIONAL HOCKEY			
LAST NAME		FIRST NAME, MIDDLE INITIAL	
ADDRESS			
CITY		STATE	ZIP
BIRTHDATE	GENDER M                  F		PHONE
EMERGENCY CONTACT (NAME, PHONE)			
EMERGENCY CONTACT (NAME, PHONE)			
EMAIL			
EMAIL			
SIGNATURE			DATE
MEDICAL INFORMATION (ie. medical conditions, allergies, drug allergies, etc.)			
In the event I am not present, I hereby authorize medical assistance for my minor child			
SIGNATURE			DATE

FOR OFFICE USE ONLY	
DATE INSURANCE PAID	ISI #
DATE	TOTAL PAID
TICKET #	REC'D BY

DATE	AMOUNT PAID	TICKETS #	REC'D BY

*PLEASE READ OTHER SIDE*

12/2/2016