

In consideration of being allowed to participate in any way in the **Highland Ice Arena/Highland Skating School (HIA/HSS)** program, related events and activities of **Beginner Synchro 2018-19**, I, the undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the activities involved in the program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown of my participation in **Beginner Synchro 2018-19** EVEN ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation in **Beginner Synchro 2018-19**. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE **Highland Sports Center, Inc., HIA/HSS**, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (Releasees), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
5. Arbitration: In further consideration of allowing me to participate in the aforementioned activities I hereby agree to submit to binding arbitration any and all claims which I believe I may have against the facility arising from my activities at the facility. The arbitration shall be pursuant to the rules of the American Arbitration Association. The arbitrators shall apply the Federal Rules of Evidence to all proceedings.

Arbitration shall be commenced within one (1) year from the date on which any alleged claim first arose. Further, the arbitration shall be held in the town where the Arena is located, unless otherwise mutually agreed to by all the parties. The submission to the American Arbitration Association shall be unlimited and the arbitration may be enforced by any court of competent jurisdiction.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN FREELY AND VOLUNTARILY WITHOUT INDUCEMENT.

Participant's Signature _____ Date _____

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(Participant under age 18 at time of registration)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above for all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

Parent/Guardian Signature _____ Date _____

Participant and/or family may be photographed and or digitally recorded during practices and shows. I understand Highland Sports Center Inc./ HIA / HSS retains the right to use these images, video and/or audio in literature and advertising without limitation and without compensation to participant or parent/guardian.

Initial _____



Emeralds Edition

Sundays 8-8:45AM

January 13th-March 31st, 2019

10 weeks \$225.00



18005 Aurora Ave N
Shoreline, WA 98133
206-546-2431
www.highlandice.com



Do you love participating in our beginner synchro classes? Are you ready to step up to a new level of synchro? This class series is a competitive step up from The Highlanders beginner synchro classes.

All skaters age 17 or younger who have attained Basic 5 or higher, or have Coach Sarah and Rebecca's advance permission to join, may participate.

Skaters must be members of Highland Skating Club. Already a member of a different USFS club? Please email Coach Sarah and Coach Rebecca.

Learn to Skate USA membership is NOT required for this series.

Missed classes will not be refunded and there are no make-up classes offered.



**ADDITIONAL
INFORMATION**

These 45 minute classes will be taught by Washington Ice Emerald Team Coaches: Sarah Berkshire & Rebecca Frampton.

Each class will consist of 30 minutes of on ice training followed immediately by approximately 15 minutes of off ice instruction. Skaters are expected to quickly and promptly exchange skates for athletic shoes to maximize class time.

Skaters are required to attend class with their hair in a ponytail, bun, or braid each week.

Athletic tennis shoes are mandatory for the off ice portion of the class. Heelies, boots, flip flops, etc. are not permitted.

Skaters must purchase, or already own, the following team items: figure skates, black dress, black jacket, embroidery for jacket*, hair supplies. It is expected that you purchase all needed items from the Highland Pro Shop.

Skaters who have a Highlanders team jacket will need to have "Emeralds Edition" embroidered on their jacket.

10 Week Synchro Skills Class

\$225 for the class

- **Sunday Classes:** 8:00-8:45AM: Jan 13-Mar 31
- There are no classes on 2/3 or 3/3

1st time team members:

Black Mondor Dress, Team Jacket & Hair Supplies purchased from Highland Pro Shop (not included in the \$225)

All members of The Highlanders Emeralds Edition Team will be expected to attend the January Exhibition on Saturday, January 26th from noon to 2pm to cheer on the Washington Ice Emerald Synchro Teams in their final performance before Sectionals in Michigan.



Performances or local competitions may be added. All additions would be approved by the majority of the team prior to any additional events being added.

Questions? Email: emeralds.synchro@gmail.com

*The cost of embroidery on The Highlanders' jacket is paid to the coaches on the first day of class and may be paid with either cash, check, or PayPal.

Full embroidery: \$40
Additional embroidery added to current team jacket: \$15

Highlanders Emeralds Edition 2019

REGISTRATION FORM

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE 1 _____

PHONE 2 _____

E-MAIL _____

DATE OF BIRTH _____

MY CURRENT LEVEL IS: _____

USFS MEMBERSHIP #: _____

USFS CLUB: _____

HIGHEST USFS MIF TEST PASSED: _____

MEDICAL INFORMATION Please list any allergies, drug allergies or medical conditions.

In the event I am not present, I hereby authorize medical assistance for my minor child.

SIGNATURE _____ DATE _____

OFFICE USE ONLY	
Date Paid:	Amt Paid:
Ticket #:	
Initials:	

PLEASE COMPLETE OTHER SIDE OF FORM